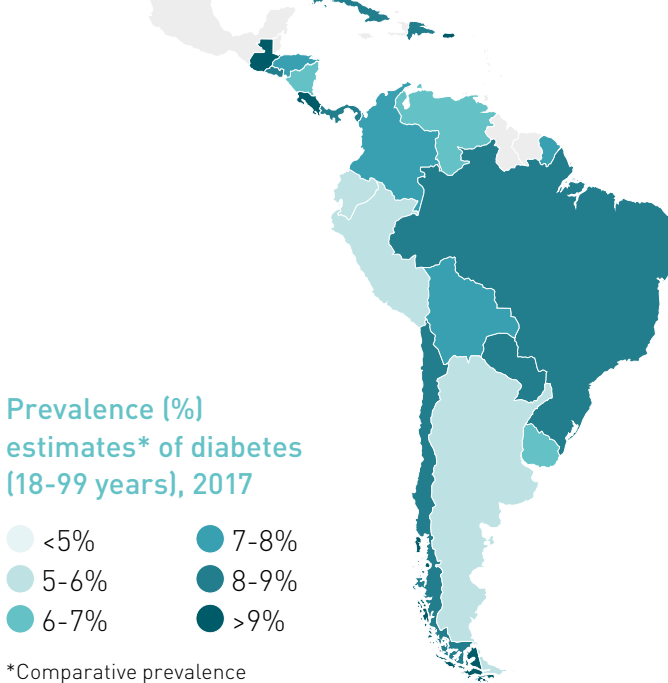


## SOUTH AND CENTRAL AMERICA



### Highlights

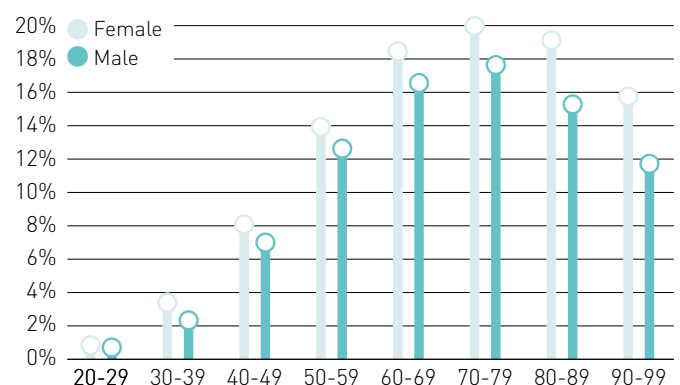
- 1 in 13 adults have diabetes.
- Almost 28 million people have diabetes. If we do not act now, this figure will rise (73%) to 48 million by 2045.
- 40% of them have not been diagnosed and are at a higher risk of developing harmful and costly complications.
- With 10%, this region has the second highest regional prevalence of IGT.
- Diabetes will cause more than 270,000 deaths in 2017.
- 1 in 8 live births are affected by hyperglycaemia in pregnancy.
- USD 33 billion will be spent on treating diabetes – only 4% of the total expenditure worldwide.

At a glance	2017	2045
Adult population (18-99 years)	351 million	463 million
<b>Diabetes (18-99 years)</b>		
Regional prevalence	7.9%	10.3%
Age-adjusted comparative prevalence	7.5%	7.4%
Number of people with diabetes	28 million	48 million
Number of deaths due to diabetes (20-99 years)	270,125	-
<b>Health expenditure due to diabetes (18-99 years)</b>		
Total health expenditure, USD	33 billion	44 billion
<b>Impaired glucose tolerance (18-99 years)</b>		
Regional prevalence	9.8%	11.2%
Age-adjusted comparative prevalence	9.3%	9.1%
Number of people with impaired glucose tolerance	34 million	52 million
<b>Type 1 diabetes (0-19 years)</b>		
Number of children with type 1 diabetes	118,600	-
Number of newly diagnosed children each year	12,700	-

### Top 5 countries for number of people with diabetes (18-99 years), 2017

1. Brazil	13,318,446
2. Colombia	2,781,082
3. Argentina	1,813,975
4. Venezuela	1,370,671
5. Chile	1,283,187

### Prevalence (%) estimates of diabetes by age and sex, 2017



### Corporate sponsors

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### Need more information?

Check [www.diabetesatlas.org](http://www.diabetesatlas.org) or scan QR code



Country/territory	Adult population (18-99 years)	Diabetes cases (18-99 years)	Diabetes (18-99) national prevalence (%)	Diabetes age-adjusted (18-99) comparative prevalence (%)	Diabetes related death (18-99 years)	Cost per person with diabetes (USD)	Undiagnosed diabetes cases (18-99 years)	One in X adults has diabetes
Argentina	31,158,948	1,813,975	5.8	5.2	19,881	939.23	650,028	17
Bolivia	6,894,734	434,590	6.3	7.0	5,535	367.08	120,729	16
Brazil	153,863,278	13,318,446	8.7	8.0	141,898	1,495.16	6,126,485	12
Chile	13,933,630	1,283,187	9.2	8.3	10,520	1,650.92	276,013	11
Colombia	35,115,196	2,781,082	7.9	7.2	20,811	880.58	996,586	13
Costa Rica	3,613,202	342,941	9.5	8.7	2,621	1,451.14	122,891	11
Cuba*	9,181,966	995,471	10.8	8.1	10,930	1,058.24	356,722	9
Dominican Republic	7,018,452	556,859	7.9	8.1	7,618	453.14	199,547	13
Ecuador	10,996,864	567,065	5.2	5.3	4,388	930.70	203,205	19
El Salvador*	4,199,574	353,734	8.4	8.6	3,730	455.35	126,759	12
French Guiana*	173,160	13,633	7.9	8.1	-	-	4,885	13
Guatemala	9,823,344	790,984	8.1	9.9	9,124	425.38	283,445	12
Honduras	5,243,920	291,909	5.6	6.8	2,135	368.42	104,604	18
Nicaragua	4,055,216	385,105	9.5	10.9	3,352	288.48	138,000	11
Panama	2,764,024	225,278	8.2	8.0	1,638	1,501.67	80,727	12
Paraguay*	4,404,854	316,789	7.2	8.1	3,380	809.79	113,520	14
Peru	21,692,000	1,135,886	5.2	5.6	7,843	565.21	454,354	19
Puerto Rico	2,843,910	452,039	15.9	12.8	-	-	139,907	6
Uruguay*	2,575,262	157,336	6.1	6.6	1,466	1,944.05	48,696	16
Venezuela	21,459,534	1,370,671	6.4	6.3	13,255	1,477.08	491,173	16

\*Based on extrapolation from similar countries

**National/regional prevalence:** the actual percentage of each country's/region's adult population that has diabetes. Appropriate for assessing diabetes burden.

**Comparative prevalence:** calculated by assuming that a country/region has an age profile identical to that of the world population. Appropriate for comparing countries/regions.

**Healthcare expenditure** for people with diabetes are assumed to be on average two-fold higher than people without diabetes.