

Type 1 diabetes: A condition that impacts all ages



Nine million people with type 1 diabetes worldwide

Without regular access to treatment, people with the condition are at risk of serious and life-threatening health complications. **If people with type 1 diabetes do not have access to insulin, they will die.**

Type 1 diabetes is commonly diagnosed in children and young adults, but new data confirms that **it can affect people of all age groups.**



According to the Type 1 Diabetes Index (T1D Index):

8.75 million
people live with
type 1 diabetes
worldwide

64%
(329,000)
of new cases are
in people aged 20
or older

182 thousand
people die every
year due to type 1
diabetes

Read the full 'Type 1 diabetes'
report here

People with type 1 diabetes require **daily insulin treatment and blood glucose monitoring, regular physical activity** and a **healthy diet** to manage their condition to avoid complications and untimely death.

We need to ensure people living with type 1 diabetes have **access to the education, medicines and supplies** needed to support their self-care, and that healthcare providers are equipped to **diagnose the condition early** and provide the best possible advice and care.

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